# Hamily Link & Frances McClelland Institute Children, Youth, and Families Improving lives of children, youth and families



FALL 2018

# Greetings from the Frances McClelland Institute for Children, Youth and Families,



We've had an incredible year here in FMI. We underwent our 5-year program review, and I am happy to report that the FMI has been reauthorized as an official on-campus Institute for the next 7 years. We celebrated several accomplishments this past year, including our Ph.D. students who have graduated and have

moved on to begin their careers in Family Studies and Human Development. We are also excited to have Dr. Melissa Delgado join our team in FMI, and we are elated to share that Dr. Emily Butler was promoted to Full Professor here at the University of Arizona! Congratulations to everyone on your accomplishments. You can find out more about this past year on page 2.

This year, we have several events that we are hosting here at the University of Arizona and with our community partners. In September, we hosted a two-day statistics workshop on Latent Class and Latent Profile Analyses with Dr. Bethany Bray, a quantitative psychologist and director from Pennsylvania State's Methodology Center. We hope you can join us for our annual Pamela Turbeville Speaker Series with several innovative researchers who will be presenting on a variety of topics. In addition to our on campus events, this past year FMI began a new series in collaboration with our FMI Family Advisory Council called Community Conversations with Researchers (CCR). The goal of our CCR series is to engage

directly with the Tucson community, and bring researchers into the community to have conversations about research in an accessible manner. This is just one way we have engaged the community and truly put our research into the hands of practitioners in the field. You can read more about the CCR series on page 3.

This year, we have already welcomed a new cohort of graduate students who will be pursuing their Ph.D.'s in Family Studies and Human Development here at the Norton School. We are eager to see what their academic journey has in store, and we wish them unlimited success.

In this edition of FamilyLink you will read more about:

- Donor Spotlight: Dr. Beverly Ann Mitchell
- Our new FSHD Alumni
- Graduate Student Travel
- And much more!

We invite you to visit our website where you can find out more about our research initiatives, links to faculty publications, graduate student research posters, and videos of the Tuberville Speaker Series. You can stay updated with FMI on social media with weekly updates on research, and events from the Institute.

Thank you for your continued partnership,

#### Andrea Romero, Ph.D.

Professor, Director, Frances McClelland Institute for Children, Youth, and Families

# Welcome Dr. Melissa Delgado



Dr. Melissa Delgado joined the FSHD faculty as an Associate Professor. Dr. Delgado's research interests focus on family, school, peer, and cultural settings in youth development, from early adolescence to emerging adulthood, as well as the role that culture plays in the lives of adolescents and their families.

# Welcome Dr. Dan McDonald



We are pleased to announce that Dean Shane Burgess has appointed Dr. Dan McDonald to become Interim Director of the Norton School of Family and Consumer Sciences. We are very lucky to have Dr. McDonald's management and leadership at this time. Please join us in wishing him success.

## **2017-2018 Year in Review**

## The Frances McClelland Institute:

Hosted 1 visiting scholar, Li Gu from Yancheng, Jiangsu, China. Li is an Associate Professor at the Yancheng Teachers University where she teaches two courses: Methods of Ideological and Value Education in Middle School and Chinese Culture. During her time in FMI, Li researched American familial values and how they relate to education in the US.

Hosted 7 Pamela Turbeville Speaker Series on topics ranging from Educational Reform and Consumer Mindfulness to Racial Discrimination and Youth Civic Empowerment.

Hosted **3** workshops for University of Arizona Faculty, Students and Community Partners.

Hosted the annual Vision Award Ceremony, and awarded 1 Vision Award, and 4 new awards including, 1 Community Practitioner Award, 1 Community Partner, and 2 Youth Vision Awards!

Hosted 1 Annual Spring Poster Colloquium with 8 graduate students, and 40 undergraduate students at the Norton School.

Hosted our **first** Faculty Data Blitz!

Co-Hosted **5** Community Conversations with Researchers events with **5** of our Community Partners from the FMI Family Advisory Council.

Awarded 7 Graduate Student Travel Awards for travel to professional conferences.

Awarded 2 Dissertation Research Awards. The Dissertation Research award is awarded annually to graduate students who merit special recognition and display strong potential to contribute to the field of family studies and human development.

Celebrated **5** FSHD graduate students who completed their masters and/or graduated from the University of Arizona with their PhDs in FSHD.

2017-2018 was an incredible year. We cannot wait to see what 2018-2019 has in store for us!

## FMI Spotlight: Dr. Beverly Ann Mitchell



FMI would like to highlight Beverly "Bam" Ann Mitchell who has been a friend of the FMI since it's inception.

Beverly "Bam" Mitchell has been a Clinical Psychologist in private practice for more than 30 years in the South Bay area of Los Angeles. She is a consulting psychologist to the National Trauma Center at Del Amo Hospital in Torrance, CA. She presently serves as a Board member to the Switzer Learning Center in Torrance. The school is dedicated to nurturing children with learning and developmental disabilities who struggle with social, emotional and behavioral challenges. She belongs to several professional organizations and especially enjoys serving as a mentor with the Los Angeles County Psychological Association. She currently serves on the Norton School Advisory Board, and participates annually in the Norton School Homecoming Celebration, as well as FMI's Vision Award Ceremony. Bam earned a B.S. in Home Economics, Textiles and Fashion Merchandising and a Masters of Education in Special Education from the UofA. She received a Masters of Counseling and Ph.D. from ASU.

This past April 2018, FMI Director, Dr. Andrea Romero, hosted a dinner to get to know Bam with FMI faculty, graduate students, members of the University of Arizona College of Agriculture and Life Sciences development team, and FMI Family Advisory Council members. It was a fantastic evening getting to know Bam, and having her meet everyone.

Thank you, Bam, for all that you do to support the Frances McClelland Institute and our mission of improving the lives of children, youth and families in Arizona and beyond!

## Welcome to Our New FSHD Alumni









**Top row from right to left:** Dr. Dan Erickson & Dr. Melissa Flores. **Bottom row from right to left:** Dr. Maura Shramko with her committee & Dr. Olena Kopystynska.

Dr. Dan Erickson successfully defended his dissertation "From Parents to Partners: A Journey Through Siblings and Peers." Dr. Erickson will continue his work as a full time seminary teacher at the LDS Seminary in Phoenix, Arizona.

Dr. Melissa Flores successfully defended her dissertation "Examining Three Levels of Social Integration and Health in Minorities, an Ecological Systems Perspective." Dr. Flores recently accepted a postdoctoral position in Health Sciences at the Center for Health Disparities here at the University of Arizona. She will be working with Drs. John Ruiz and Dave Marrero, and her focus will be on Hispanic health disparities and resilience using advanced quantitative methodologies.

Dr. Maura Shramko successfully defended her dissertation "Examining Intersectional Inequality and Civic Development in Adolescence and Young Adulthood." Dr. Shramko recently accepted a postdoctoral position at the University of Minnesota in the Interdisciplinary Research Training Program in Child and Adolescent Primary Care.

Dr. Olena Kopystynska successfully defended her dissertation, "Pathways Linking Interparental Conflict and Abuse to Family Processes." Dr. Kopystynska recently accepted a postdoctoral position at Utah State University where she will be in investigating the intricacies of interparental relationship and parenting.

# **Community Conversations with Researchers Series**





The FMI's Community Conversation with Researchers (CCR) Series started at the request of the FMI Family Advisory Council. This past academic year FMI cohosted 5 Community Conversations with our FMI Family Advisory community partners including Primavera Foundation, The John Valenzuela Youth Center, Child and Family Resources, Inc., The YWCA of Southern Arizona, and Girl Scouts of Southern Arizona. Topics covered were:

- South Tucson Supporting Healthy and Resilient Youth with Dr. Rebecca White
- Beyond 13 Reasons Why: Talking about Teen Bullying and Suicide with Dr. Andrea Romero
- The Importance of Early Childhood Education with Dr. Melissa Barnett
- Supporting Transgender Youth in Schools with Dr. Russell Toomey
- Youth Voice and Civic Engagement: Why It Matters with Dr. Laura Wray-Lake

The CCRs are unique in that they allow community members to contribute their own knowledge and expertise on the research topic. CCRs bridge the gap between community members and researchers at the UA, by bringing the research directly into the community so all parties can benefit.

## **Graduate Student Travel Awards**

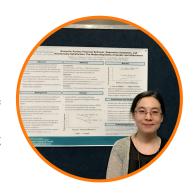


## Sei Eun Kim: 2017 National Council on Family Relations Annual Conference

"I had the opportunity to present my poster titled "Creating College-Going Culture Through Middle School Student Led Youth Participatory Action Research: Unity For Change, Believe In Us!" at the 2017 National Council on Family Relations Annual. Through my presentation, I shared our findings that highlighted the significance of student-led, research-based projects in schools of South Tucson. Furthermore, our findings showed that YPAR projects may improve students' motivations to pursue their dreams through education and build a sense of commitment related to changing their future by creating a college going culture in their schools."

## Xiaomin Li: 2018 International Association Relationship Research Conference

"As an emergent researcher who is committed to promote interpersonal relationship well-being, attending 2018 International Association Relationship Research (IARR) conference facilitate my professional development in following ways. During the poster presentation session, I met with a doctoral student who studied interracial couple therapy using qualitative methods. With the visibility of interracial marriage increasing across the world, it is particularly necessary for scholars to provide scientific knowledge on relationship well-being of these couples. Talking with scholars working on this topic illuminated my studies by suggesting the salient roles played by cultural contexts."





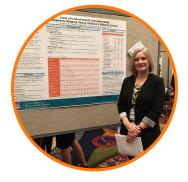
#### Alexandria Pech: 2018 American Educational Research Association Conference

"My attendance at the 2018 American Educational Research Association (AERA) contributed to my professional, career and knowledge base. I co-presented on a topic using Asian Critical Race Theory (Asian Crit) to understand youth development in Asian American youth. Family studies researchers often group all Asians as one group instead of acknowledging the diverse cultures derived from Asia (i.e. Vietnamese, Hmong, Korean youth are all different from each other). By grouping all Asian youth as one, researchers erase the nuances of culture that influence youth development. Asian Critical Race theory helps to give voice to youth from various Asian backgrounds."

#### Jose Rodas: 2018 Society for Research on Adolescence Biannual Conference

"This past April of this year, I was able to attend the 2018 Society for Research on Adolescence Biannual Conference at Minneapolis, Minnesota. At this conference, I was able to present my poster presentation, The Association between Ambiguous Loss of Family Relationships and Depressive Symptoms among Latino Youth. This was a wonderful professional experience as I was able to share my research findings from my master's thesis and receive constructive feedback from senior researchers and scholars within the field of adolescent development."





## **Shannon Warren: 2018 National Research Conference on Early Childhood**

"My poster presentation, Early Life Harshness & Unpredictability: Adaptively Shaping Young Children's Effortful Control, was included in presentations from across the country at the 2018 National Research Conference on Early Childhood (NRCEC) held in Arlington, Virginia. Presenting my research at NRCEC allowed me to connect and interact with a diverse group of individuals focused on positive outcomes for children (e.g., researchers, teachers, policymakers, advocates). This presentation included one-on-one interactions and in-depth conversations with fellow doctoral students, professionals, and academic faculty focused on methodology, theoretical frameworks, and practical implications for those who work with and on behalf of young children."

## Thank you to Janet and Barry Lang

Thank you to longtime supporters, Janet and Barry Lang, for their generous donation to the Frances McClelland Institute for Children, Youth and Families to upgrade the Lang Lab for Child and Family Observation.

With this recent contribution, FMI has:

- Purchased a minus 80 freezer to store biological samples.
- Upgraded our MindWare Software, which collects heart rate, blood pressure, and perspiration in the couples' observation room.
- Upgraded our Noldus Coding Software in our Qualitative Analysis Lab.

We are incredibly grateful for your continuous support of our researchers which enables us to offer high quality research equipment at no cost to our faculty and student researchers.







## **Congratulations**



Congratulations to Priscilla "Prill"
Kuhn, FMI Family Advisory Council
Member and Frances McClelland's
Best Friend, for receiving the FCS
Council of Alumni and Friends
"Special Recognition Award." This
award is presented to an individual or
group in recognition of special

service provided to the John & Doris Norton School and students. Congratulations, Prill, on this much-deserved honor!



Congratulations to Feliz Baca, FMI Program Coordinator, who will receive two awards this fall. The FCS Council of Alumni and Friends "Staff and Appointed Professional Award" is presented to a staff member or appointed professional of the Norton School of Family and Consumer Sciences for outstanding

service and support for the Council of Alumni and Friends. Feliz will also receive the College of Agriculture and Life Sciences "Outstanding Staff Award." Feliz is an phenomenal example of how this award recognizes and honors unusual dedication and outstanding contributions by a classified staff member in the College of Agriculture and Life Sciences (CALS).

## In Memoriam



We would like to acknowledge the passing of two very important people and friends of the Institute that we lost this last year.

It is with great sadness that we share that Norman McClelland, Frances McClelland's brother, and longtime supporter of the University of Arizona, the Norton School and the Frances McClelland Institute, passed away in July 2017. Norman and Frances made a substantial gift to the College of Agriculture and Life Sciences in 2005, and the University named the new home for the Norton School in the College of Agriculture as McClelland Park in honor of the McClelland family.



This year we also lost Dr. Shirley Jo Taylor who was a great friend to the Frances McClelland Institute. She was instrumental in the establishment of the Institute from the inception. We are so grateful to have recently seen Dr. Shirley Jo Taylor in April at our 2018 Student Poster Colloquium. She made a tremendous impact on the Tucson and University of Arizona community, and she will be deeply missed.

# Join us at our upcoming events!

## Thursday, October 25, 2018

Frances McClelland Vision Award Ceremony 6:00pm-8:00pm, McClelland Park Lobby RVSP to Feliz Baca at fbaca@email.arizona.edu

## Thursday, November 1, 2018

Community Conversation with Dr. Kate Speirs Co-Sponsored by the Community Food Bank of Southern Arizona

"Using Feeding Practices to Promote Healthy Eating Habits for Young Children" 5:30pm-7:00pm Community Food Bank of Southern Arizona, 3003 S. Country Club Rd. Tucson, AZ. 85713, Lew Murphy Conference Room

## Tuesday, November 6, 2018

Content Warning: An Art Show on Gender Based Violence & PTSD/Trauma Artist Reception with artist, Kate Meyer, and researcher, Dr. Elise Lopez 5:30pm-7:00pm McClelland Park, Suite 235

## Friday, November 16, 2018

Ashley Randall, Ph.D., Arizona State University, College of Integrative Sciences and Arts "My Stress is our Stress: Understanding Same-Sex Couples Stress and Coping" 1:15 pm-2:30 pm, McClelland Park RM 402

## Friday, November 30, 2018

Gustavo Carlo, Ph.D., University of Missouri, College of Human Environmental Sciences "Cultural Values as Conduits of Individual and Group Variations in Moral Development" 1:15 pm-2:30 pm, McClelland Park RM 402

## Friday, January 25, 2019

Maggie Pitts, Ph.D., University of Arizona, College of Social and Behavioral Sciences "Savoring as Positive Communication: Implications for Relational Health and Wellbeing" 1:15 pm-2:30 pm, McClelland Park RM 402

## February 2019

Norton School Faculty Data Blitz Date/Time TBA, McClelland Park RM 210

## **About FMI**



The Frances McClelland Institute for Children, Youth, and Families serves as a catalyst for cross-disciplinary research on children, youth, and families at the University of Arizona. Our research initiatives address questions important to the development and well-being of contemporary children, youth

and families, with the goal of improving basic understanding to enhance the lives of the people of Arizona and the world. In 2009, the Institute was dedicated to honor the memory and legacy of Frances McClelland. Frances was a business leader and philanthropist. She understood resilience in the lives of children and families.

## In Partnership



Private support is fundamental to the origins and sustainability of the Frances McClelland Institute, the Janet and Barry Lang Lab for Child and Family Observation, and our facilities.

We are grateful to all of our donors who are recognized on our wall of Legacy Leaders, including John

and Ruth Crist Dyer, Barry and Janet Lang, Beth and Ed Martin, Frances McClelland, Betty and Hamilton McRae, Beverly Mitchell, Linda Redman and David Rowe.

With your help, we are able to engage in high quality research that will improve the lives of children, youth and families. Please contribute to our mission by visiting our website: https://mcclellandinstitute.arizona.edu/donors

## **Contact Us**



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