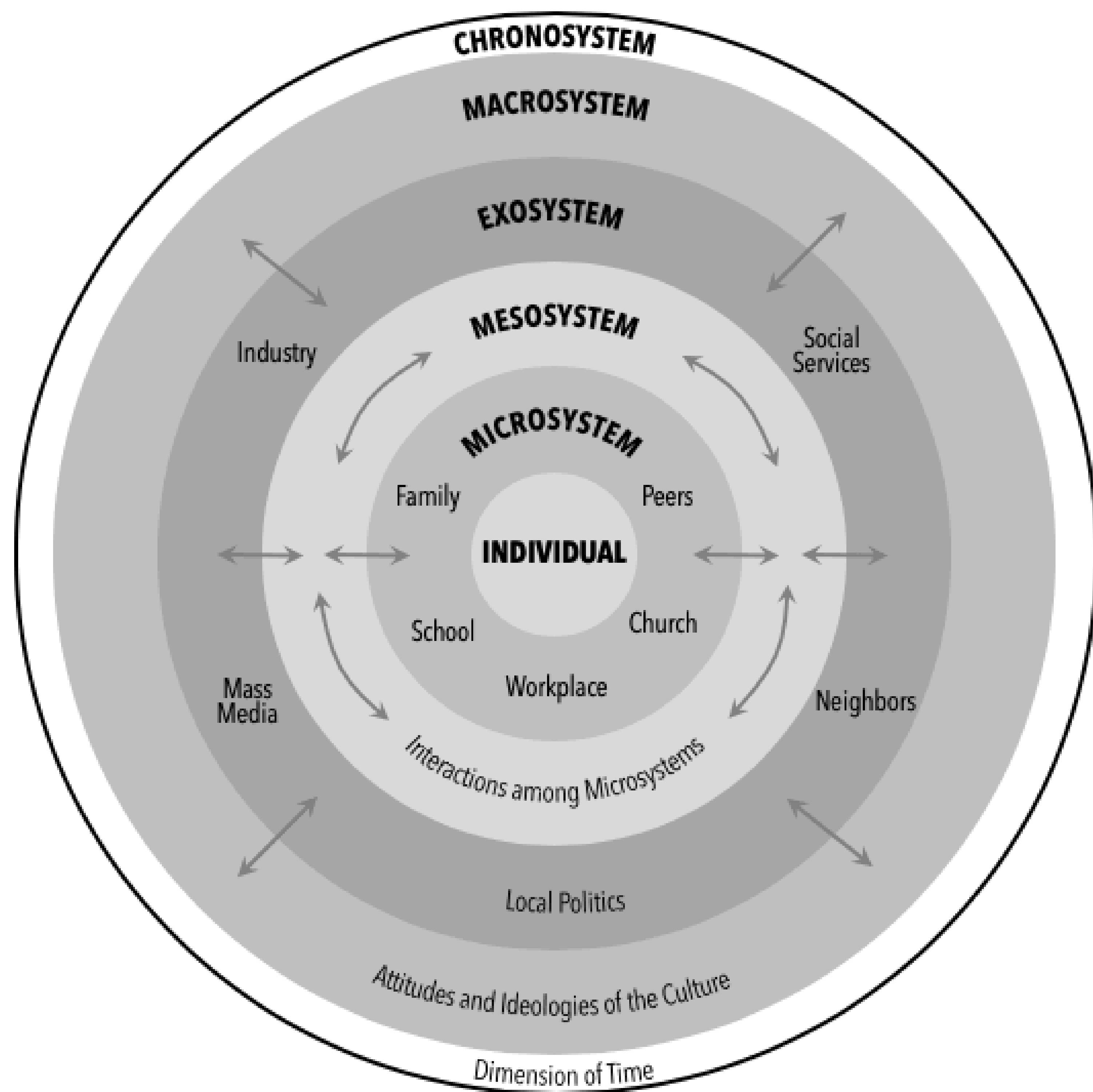


Literature review: How did COVID-19 affect single parents and adolescents?

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Abstract

This project reviews the literature on single mothers and adolescents during the COVID-19 pandemic. During the pandemic, single mothers and adolescents were one of the most vulnerable groups. They were negatively affected by loss of economic resources and emotional distress.



Theoretical Framework

Bronfenbrenner's Ecological Systems Theory will be used for this literature review to provide a sounder understanding of how adolescents have been affected.

Microsystem:

- Parent and adolescent relationships.

Mesosystem:

- Family and School (Parent and teachers).

Exosystem:

- Formal and informal social structures that affect the child (work-related).

Conclusions and Implications

The findings reveal:

Single Mothers:

- Struggled with mental health, managing school and finances.

Adolescents:

- Struggled with mental health, managing school and resources to be successful in school.

Positives:

- The Child Tax Credit:
- Poverty rates were lower in 2020.

Limitations: This research is relatively new. And it is always changing.

Implications:

- This data will help teachers and, counselors understand how this group was affected during this critical time. In doing so, we can create resources that can better help our community.

