

KAYLA M. OSMAN
Norton School of Family and Consumer Sciences
University of Arizona, Tucson, AZ
kaylaosman@email.arizona.edu

EDUCATION

- Expected Spring 2025* **Ph.D. Student, Family Studies and Human Development**, University of Arizona
- Expected Spring 2022* **M.S., Family Studies and Human Development**, University of Arizona
- 2020 **B.A., Psychological Science**, Minor in Women’s Studies, California State University San Marcos (CSUSM)
GPA: 3.95

HONORS AND AWARDS

- 2021 – 2022 **Ruth Reed Cowden Scholarship**
University of Arizona
- 2021 – 2022 **Bartley P. Cardon Scholarship**
University of Arizona
- 2021 **Strategic Plan Poster Award**
Society for Research in Child Development (SRCD)
- 2019 **Summer Research Scholar**
University of Missouri
- 2019 **Finalist at the CSU Student Research Competition**
California State University San Marcos
- 2018 **American Psychological Association (APA) Summer Research Program Scholar**
California State University San Marcos
- 2015 – 2020 **Dean’s List**
California State University San Marcos

RESEARCH EXPERIENCE

University of Arizona

- January 2021 – Present **Graduate Research Assistant, The Tucson Sons Project (El Proyecto Hijos de Tucson)**, NSF RAPID Grant-Funded Project
Co-PI: Dr. Katharine H. Zeiders, University of Arizona; Dr. Ada Wilkinson-Lee, University of Arizona; Dr. Lindsay Hoyt, Fordham University

Graduate Research Assistant for Dr. Katharine H. Zeiders, University of Arizona

September 2021- Present **COVID-19 Impacts Project**, CIHR and MITACS funded project
Volunteer Research Assistant for Dr. Michelle Téllez

University of Missouri, Columbia

May – July 2019

Summer Research Scholar, University of Missouri Alcohol Research Training Summer School (MU-ARTSS)

Faculty Mentor: Kenneth Sher, PhD

Project title: Acculturative stress: Deriving a short form and predicting alcohol consumption among Latino college students.

California State University, San Marcos

June 2018 – July 2020

Cultural Perinatal Mental Health Laboratory

Department of Psychological Science, California State University San Marcos

Undergraduate Research Assistant for Dr. Kimberly D’Anna Hernandez [PI]

June 2018 – August 2018

American Psychological Association (APA) Summer Research Program Scholar

Department of Psychological Science, California State University San Marcos

Faculty Mentor: Kimberly D’Anna Hernandez, PhD.

Project title: Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent.

PUBLICATIONS

Published

Osman, K.M., Lara-Cinisomo, S., & D’Anna Hernandez, K.L. (2021). Associations between religiosity and perinatal anxiety symptoms among women of Mexican descent. *Journal of Affective Disorders*, <https://doi.org/10.1016/j.jad.2021.06.066>

Wang, J. Yan, J., **Osman, K.M.**, Zeiders, K. H., Shen, Y., Victory, M., & Kim, S.Y. (2021). The phenotypic, psychological, and social interplays of skin color and developmental outcomes among Mexican-origin adolescents. *Journal of Research on Adolescence*, 10.1111/jora.12709. Advance online publication. <https://doi.org/10.1111/jora.12709>

In Preparation

Osman, K.M., Neshat Yazdani, Nicola Forbes, Emily Romero, Violeta Rosario, Jordan Uribe, Lindsay T. Hoyt, Ada Wilkinson-Lee, Antoinette M. Landor, Katharine H. Zeiders. (*in preparation*). Black Lives Matter movement attitudes and experiences among Latinx families: A mixed method approach.

Osman, K.M., Berkeley, S., Zeiders, K.H., & Landor, A.M. (*in preparation*). Racial discrimination, ethnic-racial socialization, and ethnic-racial identity among Black and Latinx emerging adults.

ORAL PRESENTATIONS

Carbajal, S., Castorena, D.C., Forbes, N., Idow, E., Levario, B., **Osman, K.M.**, Perez, R., Rosario, V., Sarsar, E., Wilkinson-Lee, A., & Zeiders., K. H. (2021, January). The COVID-19 Hijos Project: Community Advisory Board Meeting. Tucson, AZ. **the first 9 authors are in alphabetical order and contributed equally to the presentation.

Osman, K.M. and D'Anna Hernandez, K.L. (2019, May). Biculturalism, Discrimination, and the Mental Health of Mexican American Women. CSU Statewide Student Research Competition, Fullerton, CA.

Osman, K.M. and D'Anna Hernandez, K.L. (2019, March). Biculturalism, Discrimination, and the Mental Health of Mexican American Women. California State University, San Marcos Symposium on Student Research, Creative Activities, and Innovation.

Osman, K.M. and D'Anna Hernandez, K.L. (2018, July). Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent. American Psychological Association (APA) Summer Psychology Research Symposium at California State University, San Marcos, San Marcos, CA.

POSTER PRESENTATIONS

Osman, K.M., Berkeley, S., Zeiders, K.H., & Landor, A.M. (2021, November). Racial discrimination, ethnic-racial socialization, and ethnic-racial identity among Black and Latinx emerging adults. Society for the Study of Emerging Adulthood (SSEA) 10th Conference on Emerging Adulthood, virtual.

Idowu, E., **Osman, K.M.**, Zeiders, K.H., Hoyt, L.T., & Shane, J. (2021, November). Examining the relationship between community engagement and mental health in white college students and students of color. Society for the Study of Emerging Adulthood (SSEA) 10th Conference on Emerging Adulthood, virtual.

Perez, R., Toomey, R., Anhalt, K., **Osman, K.M.**, & Zeiders, K.H. (2021, April). The roles of preparation for bias and network support on internalized homonegativity among Latinx sexual minority youth. Frances McClelland Institute (FMI) Spring 2021 Student Poster Showcase, virtual.

Osman, K.M., Zeiders, K.H., Landor, A.M., & Sarsar, E. (2021, April) Racial microaggressions and alcohol consumption among African American and Latinx emerging adults. The Society for Research in Childhood Development (SRCD) 2021 Biennial Meeting, virtual.

Sarsar, E., Zeiders, K.H., Landor, A.M., & **Osman, K.M.** (2021, April). Within-person associations between racial microaggressions and mental health among emerging adults. The Society for Research in Childhood Development (SRCD) 2021 Biennial Meeting, virtual.

Osman, K.M. and D'Anna Hernandez, K.L. (2019, October). The role of perceived discrimination, acculturative stress, and acculturation on somatic symptoms of depression among pregnant

Mexican American women. Marcé of North America (MONA) Perinatal Mental Health Conference, Chapel Hill, NC.

- Osman, K.M.**, Armenta, B., Stevens, B., Watts, A.L., and Sher, K.J. Acculturative stress: Deriving a short form and predicting alcohol consumption among Latino college students.
- Southern California Conferences for Undergraduate Research (SCCUR), San Marcos, CA. (2019, November).
 - University of Missouri Summer Forum, Columbia, MO. (2019, July).
- Osman, K.M.** and D’Anna Hernandez, K.L. (2019, April). The role of ethnic identity and discrimination on the mental health and pregnancy experience of Mexican American women. Western Psychological Association (WPA) Conference, Pasadena, CA.
- Osman, K.M.** and D’Anna Hernandez, K.L. (2019, March). The role of biculturalism on the mental health and pregnancy experience Mexican American women. Anxiety and Depression Association of America (ADAA) Conference, Chicago, IL.
- Osman, K.M.** and D’Anna Hernandez, K.L. Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent.
- Student Poster Showcase, San Marcos, CA. (2018, November).
 - Society for the Advancement of Chicano and Native American Scientists (SACNAS) National Conference, San Antonio, TX. (2018, October).

TEACHING EXPERIENCE

Graduate Teaching Assistantships

- Spring 2021 **FSHD 447A: Sociocultural Context of Development** (Live Online)
Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Linda Pallock
- Fall 2020 **FSHD 377: Adolescence** (Live Online)
Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch
- Fall 2020 **FCSC 202: Research Methods** (Live Online)
Family and Consumer Sciences, University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch
- Fall 2020 **FSHD 427C: Mental Health & the Family: Childhood & Adolescence** (Live Online)
Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Darin Knapp
- Fall 2020 **RCSC 150B: Money, Consumers, and the Family** (Live Online)
Retailing and Consumer Science, University of Arizona
Graduate Teaching Assistant for Dr. Victoria Ligon

Guest and Invited Lectures

- Fall 2021 Invited Lecture for FSHD 447A: Sociocultural Contexts of Development

Topic: Development of ethnic racial identity in the context of racial discrimination

Spring 2021 Invited Lecture for FSHD 447A: Sociocultural Contexts of Development
Topic: Development of ethnic racial identity in the context of racial discrimination

Spring 2021 Invited Lecture for COMM 117: Culture and Communication
Topic: Racial discrimination, cultural socialization, and ethnic racial identity among Black and Latinx college students

Undergraduate Teaching

Spring 2020 Supplemental Instructor, California State University San Marcos
PSYC 360: Biopsychology

SERVICE AND OUTREACH

Departmental and University Service

Fall 2021 – Present College of Agricultural and Life Sciences (CAL S) Graduate Student Council:
Family Studies and Human Development Representative

Fall 2021 – Present Family Studies Student Round Table (FSSRT): Treasurer

Spring 2021 FSHD 384: Professional Development
Graduate Student Panelist

Professional Service

June 2021 **Ad Hoc Reviewer**
Journal of Research on Adolescence

Community Outreach

November 2021 Bio4Community project panelist: Rutgers Graduate School of Education
- Discussed topics of stress and resilience among youth in an interview to be used for designing Biology curriculum for New Brunswick youth and as a free resource for students and teachers

September 2019 Psi Chi club meeting at California State University San Marcos
- Talked to undergraduates from psychology about getting involved in research labs on campus

March 2019 Super STEM Saturday at California State University San Marcos SACNAS chapter booth
- Inspired kids about the STEM field through demonstrating the science of making slime

- November 2018 Research Information event at the California State University San Marcos Latin@ center
– Spoke to and helped recruit students from underrepresented backgrounds about getting involved in STEM and research

SELECT TRAINING AND COURSEWORK

- Fall 2021 **HED 605: Qualitative Methods in Higher Education**
Gary Rhoades, PhD, University of Arizona
- Fall 2021 **FSDH 617A: Structural Equation Modelling**
Melissa Flores, PhD, University of Arizona
- Fall 2021 **Latent Profile Analysis Workshop**
Katharine H. Zeiders, PhD, University of Arizona
- Summer 2021 **Summer Fellowship Application Development Program (SFADP)**
Graduate College Office of Fellowships and Community Engagement, Honors College Office of Nationally Competitive Scholarships
- Spring 2021 **MAS 566: Chicana Decolonial Theory**
Michelle Téllez, PhD, University of Arizona
- Spring 2021 **Advancing Culturally Responsive Research and Researchers**
Ohio State University, Advanced Methods Institute (AMI)

PROFESSIONAL AFFILIATIONS

- 2021 – Present Society for the Study of Emerging Adulthood (SSEA) Student Member
- 2021 – Present Society for Research in Childhood Development (SRCD) Student Member
- 2020 – 2021 American Psychology Association, Division 50 Student Member
- 2018 – 2020 Psi Chi International Honor Society in Psychology Student Member
- 2018 – 2019 Western Psychological Association (WPA) Student Member
- 2018 – 2019 Anxiety and Depression Association of America (ADAA) Student Member
- 2018 – 2019 Society for Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS) Student Member

RELEVANT SKILLS

- Software Microsoft Excel; SPSS Statistics; Qualtrics XM