

SELENA CARBAJAL
Curriculum Vitae

Norton School of Family and Consumer Sciences
University of Arizona, Tucson, AZ
scarbajal@email.arizona.edu

EDUCATION

- 2023 (expected) **PhD, Family and Consumer Sciences**, University of Arizona
Family Studies and Human Development Emphasis
Advisor: Katharine H. Zeiders, PhD
- 2020 **MS, Family and Consumer Sciences**, University of Arizona
Family Studies and Human Development Emphasis
Master's Thesis: *Demographic and Psychosocial Correlates of Bicultural Competence Among Latinx Early Adolescents*
Advisor: Katharine H. Zeiders, PhD
- 2018 **BA, Psychology** (Departmental Honors), California State University, Fresno
Double Major in Women's Studies; Minor in Chicano/Latino Studies
Honor's Thesis: *Filial Responsibility, Bicultural Self-Efficacy, and Depressive Symptoms among Latina College Students*
Advisor: Rosa I. Toro, PhD

TEACHING EXPERIENCE

Instructor

- Spring 2022 **FCSC 301: Applying Critical Thinking to Discourse in Family and Consumer Science Organizations** (Face-to-Face)
Family and Consumer Sciences, University of Arizona

Co-Instructor

- Summer 2021 **FSHD 117: Lifespan Human Development** (Online)
Family Studies and Human Development, University of Arizona

Teaching Assistantships

- Fall 2021 **FSHD 237: Love, Intimacy, and Relationships** (Face-to-Face)
Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Adam Clark
- Spring 2021 **FSHD 413: Issues of Aging** (Live Online)
Fall 2020 Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch

- Fall 2020 **RCSC 415: Retail Store Design, Planning, and Display** (Online)
Retailing and Consumer Science, University of Arizona
Graduate Teaching Assistant for Dr. Yumin Kim
- Spring 2019 **FSHD 447A: Sociocultural Context of Development** (Face-to-Face)
Fall 2018 Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Linda Pallock and Dr. Katharine H. Zeiders

Guest Lectures

- Fall 2021 **Psych 6300: Developmental Psychology: Foundations** (PhD-level course)
Department of Psychology, Fordham University
Cultural Adaptation and Immigration
- Spring 2021 **PSYCH 200T: Immigrant Children and Families** (MA-level course)
Department of Psychology, California State University, Fresno
Biculturalism and Psychosocial Adjustment
- Spring 2019 **FSHD 447A: Sociocultural Context of Development** (Upper-level undergraduate course)
Family Studies and Human Development, University of Arizona
Acculturation and Family Dynamics

PUBLICATIONS

Published

Carbajal, S., Zeiders, K. H., & Landor, A. M. (2021). Unpacking the benefits of bicultural competence: Latina/x/o college students' academic and psychosocial adjustment. *Emerging Adulthood*.
<https://doi.org/10.1177/21676968211034309>

Zeiders, K. H., Umaña-Taylor, A. J., **Carbajal, S.**, & Pech, A. (2021). Police discrimination among Black, Latina/x/o, and White adolescents: Examining frequency and relations to academic functioning. *Journal of Adolescence*, 90, 91-99. <https://doi.org/10.1016/j.adolescence.2021.06.001>

Carbajal, S., & Toro, R. I. (2021). Filial responsibility, bicultural competence, and socioemotional well-being among Latina college students. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <http://dx.doi.org/10.1037/cdp0000467>

Revise & Resubmit

McDermott, E. R., Zeiders, K. H., Landor, A. M., & **Carbajal, S.** (revise & resubmit). Coping with ethnic-racial discrimination: Short-term longitudinal relations between discrimination and coping strategies among Black and Latinx college students. *Journal of Research on Adolescence*.

In Preparation

Carbajal, S., Zeiders, K. H., Delgado, M. Y., & Nair, R. (in preparation). Bicultural competence and psychosocial functioning among Latinx early adolescents.

PRESENTATIONS

Conference Presentations

- Carbajal, S. & Toro, R. I.** (postponed) Perpetual foreigner stereotype and Latinx young adults' well-being: Impact of interpersonal relationships and bicultural self-efficacy. Society for Research in Child Development Special Topics, Rio Grande, Puerto Rico.
- Carbajal, S., Zeiders, K. H., & Kim, S. Y.** (postponed). Examining U.S. Mexican-origin mothers' and youths' bicultural difficulties and concurrent depressive and anxiety symptoms. Society for Research in Child Development Special Topics, Rio Grande, Puerto Rico.
- Carbajal, S. & Toro, R. I.** (2021, November) Ethnic identity, bicultural self-efficacy, and adjustment among Latinx college students. Presented at the Society for the Study of Emerging Adulthood Virtual 10th Conference on Emerging Adulthood.
- Carbajal, S., Zeiders, K. H., & Landor, A. M.** (2021, November). Linking ethnic identity and bicultural competence: Implications for well-being among Latinx college students. Presented at the Society for the Study of Emerging Adulthood Virtual 10th Conference on Emerging Adulthood.
- Carbajal, S., Zeiders, K. H., Delgado, M. Y., & Nair, R.** (2021, April). Bicultural competence, gender, and psychosocial functioning among Latinx early adolescents. Presented at the Society for Research in Child Development Virtual Biennial Meeting. **Invited to the 2021 Student and Early Career Council (SECC) Poster Competition.**
- Castorena, D. C., Sarsar, E., **Carbajal, S., Zeiders, K. H., & Landor, A. M.** (2020, May) The role of friendship quality and romantic relationship satisfaction on mental health and academic aspirations. Presented at the Francis McClelland Institute Spring 2020 Student Poster Showcase, Tucson, AZ.
- Kubela, A., Sarsar, E., **Carbajal, S., Zeiders, K. H., & Landor, A. M.** (2020, May). Traumatic life events and quality of romantic relationships. Presented at the Francis McClelland Institute Spring 2020 Student Poster Showcase, Tucson, AZ.
- Molina, K. A., Sarsar, E., **Carbajal, S., Zeiders, K. H., & Landor, A. M.** (2020, May). Traditional gender role attitudes and mental health among Latinx and African American young adults. Presented at the Francis McClelland Institute Spring 2020 Student Poster Showcase, Tucson, AZ.
- Carbajal, S., Zeiders, K. H., & Landor, A. M.** (2020, January). Unpacking biculturalism among Latinx college students: Short-term longitudinal relations between biculturalism and mental health. Presented at the 28th Annual Student Showcase, Tucson, AZ.
- Toro, R. I. & **Carbajal, S.** (2019, October). Filial responsibilities, socioemotional well-being, and bicultural self-efficacy among Latinas. Presented at the Society for the Study of Emerging Adulthood, Toronto, Canada.
- Carbajal, S., Zeiders, K. H., & Landor, A. M.** (2019, October). Unpacking bicultural competence: Latinx college students' academic and psychosocial functioning. Presented at the Society for the Study of Emerging Adulthood, Toronto, Canada.

Carbajal, S., Zeiders, K. H., & Landor, A. M. (2019, April). Unpacking biculturalism among Latinx college students: Short-term longitudinal relations between biculturalism and mental health. Presented at the Frances McClelland Institute Student Poster Colloquium, Tucson, AZ.

Coulter, K. M., Cruze, A. N., Thomas, R., **Carbajal, S.,** Delgado, M. Y., & Zeiders, K. H. (2019, March). Multiple Contextual Identities of Latino Adolescents: Examining Ethnic and STEM Identities. Presented at the Society for Research in Child Development, Baltimore, MD.

Carbajal, S. & Toro, R. (2018, April). Filial responsibility and bicultural self-efficacy among Latina college students. Presented at the Western Psychological Association, Portland, OR.

Carbajal, S. (2017, July). Latina first-generation college students: Negotiating the home space. Presented at the 2017 Mujeres Activas en Letras y Cambio Social Summer Institute, Rohnert Park, CA.

Invited and Community Presentations

*Names included in alphabetical order. All presenters contributed equally.

Aceves, L., Barreto, J., **Carbajal, S*.,** Mendoza, S., Moreno, F., & Puente, K. (2021, April). *Navegando*: Grad School Edition. Society for Research on Child Development 2021 Virtual Biennial Meeting.

Carbajal, S*., Castorena, D.C., Forbes, N., Idow, E., Levario, B., Osman, K., Perez, R., Rosario, V., Sarsar, E., Wilkinson-Lee, A., & Zeiders., K. H. (2021, January). The COVID-19 Hijos Project: Community Advisory Board Meeting. Tucson, AZ.

Arellano, J., Bello Luna, N., **Carbajal, S*.,** Ruiz, V., Sanchez, S., & Teneyuque, K., (2018, March). Alliance for Hispanic-Serving Institution Educators (AHSIE) Seed to Tree Student Scholars. 10th Annual Title VII/HSI Best Practices Conference, Chicago, IL.

HONORS AND AWARDS

2021 – 22	Bartley P. Cardon Scholarship (\$1,072) University of Arizona
2020 – 21	Amy Jean Knorr Scholarship (\$2,050) University of Arizona
2020 – 21	Vivian Bancroft Swift Memorial Scholarship (\$13,918) University of Arizona
2021	CALS Impact Leader Fellow College of Agriculture and Life Sciences (CALS), Bayer Crop Sciences, PorterBay Insight, and CALS Career Center
2020	CDIP Travel Grant (\$1,500) Chancellor's Doctoral Incentive Program (CDIP)
2020	Ford Foundation Predoctoral Fellowship, Honorable Mention National Academies of Sciences, Engineering, and Medicine
2019 – 20	Vivian Bancroft Swift Memorial Scholarship (\$2,994) University of Arizona
2019	Chancellor's Doctoral Incentive Program (CDIP) Fellow Office of the Chancellor, California State University
2019	GPSC Travel Grant (\$1,000) Graduate and Professional Student Council (GPSC), University of Arizona

2019 **FMI Travel Grant** (\$300)
Frances McClelland Institute (FMI), University of Arizona

2019 **GPSC Travel Grant** (\$750)
Graduate and Professional Student Council (GPSC), University of Arizona

2018 – 19 **Graduate Access Fellowship** (\$8,000)
University of Arizona

2018 – 19 **Naomi Reich Commemorative Graduate Scholarship** (\$219)
University of Arizona

2018 – 19 **Ruth Cowden Scholarship** (\$7,654)
University of Arizona

2018 **Sally Casanova Pre-Doctoral Summer Research Scholar** (\$7,670)
California Pre-Doctoral Program

2018 **Undergraduate Research Grant** (\$925)
California State University, Fresno

2018 **Sally Casanova Summer Research Scholar**
California Pre-Doctoral Program

2018 **AHSIE Seed to Tree Student Scholar** (\$2,000)
Alliance of Hispanic-Serving Institution Educators (AHSIE)

2018 **SRA Undergraduate Scholar**
Undergraduate Scholars Program, Society for Research on Adolescence (SRA)

2017 – 18 **President’s Medalist Nominee**
College of Social Sciences, California State University, Fresno

2017 – 18 **Dean’s Medalist**
College of Social Sciences, California State University, Fresno

2017 – 18 **Dean’s Medalist Nominee**
College of Science and Mathematics, California State University, Fresno

2017 – 18 **Outstanding Undergraduate Student**
Department of Psychology, California State University, Fresno

2017 – 18 **Outstanding Student**
Women’s Studies Program, California State University, Fresno

2017 – 18 **Outstanding Student**
Department of Chicano and Latin American Studies, California State University, Fresno

2017 – 18 **Sally Casanova Pre-Doctoral Scholar** (\$3,000)
California Pre-Doctoral Program

2017 – 18 **Psychology Honors Scholar**
Department of Psychology, California State University, Fresno

2017 – 18 **Pickford Memorial Scholarship** (\$950)
California State University, Fresno

2017 – **Psi Chi International Honors Society in Psychology**
California State University, Fresno

2017 **Faculty Sponsored Student Research Award** (\$915)
California State University, Fresno

2017 **Ronald E. McNair Travel Grant** (\$536)
California State University, Fresno

2017 **Ronald E. McNair Summer Research Scholar** (\$2,800)
California State University, Fresno

2017 **Adelante Mujer Fresno Scholarship** (\$1,000)
Adelante Mujer

2017 **MALCS Summer Institute Student Scholarship** (\$100)
Mujeres Activas en Letras y Cambio Social (MALCS)

2017 **Ronald E. McNair Summer Research Scholar**

- 2016 – 18 California State University, Fresno
Ronald E. McNair Scholar
 California State University, Fresno
- 2014 – **National Society of Collegiate Scholars (NSCS)**
 California State University, Fresno
- 2013 – 18 **President’s List** (9 semesters); **Dean’s List** (1 semester)
 California State University, Fresno

RESEARCH EXPERIENCE

- 2020 – **The COVID-19 Hijos Project**, NSF RAPID Grant-Funded Project
 Co-PI: Drs. Katharine H. Zeiders, Ada Wilkinson-Lee, Lindsay Hoyt
 Graduate Research Assistant for Dr. Katharine H. Zeiders, University of Arizona
- 2019 – **The Hijos Project**, NSF Grant-Funded Project
 Co-PI: Drs. Katharine H. Zeiders, Ada Wilkinson-Lee, Lindsay Hoyt
 Graduate Research Assistant for Dr. Katharine H. Zeiders, University of Arizona
- 2019 **Sociocultural Contexts of Latinx Youth (SCL) Lab**
 Family Studies and Human Development, University of Arizona
 Volunteer Research Assistant for Dr. Melissa Y. Delgado
- 2018 – 19 **Stressors, Context, and Health Lab**
 Family Studies and Human Development, University of Arizona
 Graduate Research Assistant for Dr. Katharine H. Zeiders
- 2018 – 19 **Tucson Interpersonal and Education Success (TIES) Study**
 Department of Psychology, Arizona State University
 Volunteer Research Assistant for Dr. Phuong Thao Ha [PI]
- 2016 – 18 **Latino Family Dynamics Project**, NIH-funded Project
 Department of Psychology, California State University, Fresno
 Undergraduate Research Assistant for Dr. Rosa I. Toro [PI]

SELECT TRAINING AND COURSEWORK

- 2021 **Summer Fellowship Application Development Program (SFADP)**
 Graduate College Office of Fellowships and Community Engagement, Honors College
 Office of Nationally Competitive Scholarships
- 2021 **MCUAAAR 2021 Summer Mentoring Workshop – Latinx Research**
 Michigan Center for Urban African American Aging Research (MCUAAAR), Program for
 Research on Black Americans (PRBA)
- 2021 **MAS 580A: Advanced Research Methods**
 Maurice Magaña, PhD, University of Arizona
- 2020 **FSDH 617C: Multilevel Modeling**
 Emily Butler, PhD, University of Arizona

- 2020 **FSHD 617B: Structural Equation Modelling**
Russell B. Toomey, PhD, University of Arizona
- 2020 **FSHD 606: Topics in Methodology and Data Analysis**
Melissa Y. Delgado, PhD, University of Arizona
- 2019 **Latent Class and Profile Analysis**
Katharine H. Zeiders, PhD, University of Arizona
- 2018 **Qualitative Coding**
Kristin M. Anders, PhD, Kansas State University
- 2018 **An Introduction to Latent Class and Latent Profile Analysis**
Bethany C. Bray, PhD, University of Pennsylvania

SERVICE

Departmental and University Service

- 2021 **Panelist**, Graduate School and the 1st Gen Experience
College of Agriculture and Life Science (CAL S) First Cats, University of Arizona
- 2021 – 22 **President**, Family Studies Student Round Table (FSSRT)
Family Studies and Human Development, University of Arizona
- 2020 – 21 **Graduate Admissions and Recruitment Representative**, Family Studies Student Round
Table (FSSRT)
Family Studies and Human Development, University of Arizona
- 2019 – **Grant Reviewer**, Graduate and Professional Student Council (GPSC)
University of Arizona
- 2019 **Guest Speaker**, Psychology Honors Seminar
Department of Psychology, California State University, Fresno
- 2019 **Literature Search Workshop**, Sociocultural Contexts of Latinx Youth (SCL) Lab
Family Studies and Human Development, University of Arizona
- 2018 – **Member**, Family Studies Student Round Table (FSSRT)
Family Studies and Human Development, University of Arizona

Professional Service

- 2020 **Ad Hoc Reviewer**
Journal of Social and Personal Relationships
- 2019 – 21 **Member, SRCD Latinx Caucus Finance and Fundraising Subcommittee**
Society for Research in Child Development (SRCD)

PROFESSIONAL MEMBERSHIPS

2019 – Society for Research in Child Development (SRCD)
2019 – Society for Research in Child Development (SRCD) Latinx Caucus
2017 – Society for Research on Adolescence (SRA)
2017 – Society for the Study of Emerging Adulthood (SSEA)
2017 – 18 Western Psychological Association (WPA)
2017 – 18 Mujeres Activas en Letras y Cambio Social (MALCS)

SKILLS

Language Spanish (native speaker; fluent in reading and writing)
Software Qualtrics XM; SPSS Statistics 26; R; Mplus 8.2